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## GENERAL

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Chartered health, safety and environmental professional with 20+ years of experience in high-risk construction, demolition, and decommissioning environments. Proven track record in developing and implementing robust HSEQ strategies for complex, large-scale projects across the UK and internationally. A proactive team leader with strong stakeholder communication skills, a keen eye for compliance, and a hands-on approach to improving safety culture, environmental stewardship, and operational standards.

## SKILLS

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- Ability to manage, organise and work efficiently while under pressure, reacting effectively to changing priorities and workloads.
- Possess a systematic and logical approach to problem solving.
- Experienced in managing and promoting Health, Safety and Environmental controls within a high-risk working environment.
- Extensive practical expertise in designing and implementing safety controls and systems. Auditing for compliance and report writing.
- Knowledge and experience to influence positive health and safety behaviour in a persuasive manner.

## PROFESSIONAL EXPERIENCE

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HSEQ Manager | Perses | Feb 2025 - Present

Perses is a prominent demolition and decommissioning consultancy based in Edinburgh, UK. As a HSEQ Manager, my tasks include:

- Design and creation 3D CAD demolition simulations for tender stage. Presentations and graphical representations of projects.
- Regular site safety inspections, investigations and employee consultation.
- Preparation of documentation necessary to meet relevant safety, COSHH and emergency regulations.
- Production of Pre-Construction information and Scope of Works documents for various demolition & decommissioning projects.
- Review of Contractors documentation on Live projects

Project Include:

- **TATA Steel, Port Talbot** - Involved in the demolition and decommissioning of redundant industrial

structures within a live steelworks environment. The project required careful planning around operational constraints, extensive stakeholder coordination, and implementation of strict safety and environmental controls due to the site's high-risk, heavy industrial setting. Responsibilities included preparation of HSEQ documentation, regular audits, and contractor support throughout the works.

- **Vertellus Specialties UK** - The Site has operated as a chemical works since the 1970s. It is regulated under Environmental Permitting Regulations (EPR) and Control of Major Accident Hazards (COMAH). The subject property comprises 4.9 hectares of land and includes a main office building, production facilities, effluent treatment plant (ETP), laboratory, maintenance stores and storage warehouse.

Other key features of the subject property include an external waste storage area, boiler house, and fire water pond.

- **Sellafield** - a nuclear site with a long history of electricity generation and plutonium production, is currently undergoing decommissioning, a process expected to take until 2125 and cost £136 billion. This involves safely managing and storing nuclear waste, dismantling old facilities, and remediating contaminated areas. The scale of the decommissioning is vast, with new facilities being built to handle different types of waste, while aging infrastructure is maintained.

### UK HSEQ Manager | Liberty Industrial | Oct 2023 – Feb 2025

Liberty Industrial is an Australian based award-winning provider of specialist deconstruction, remediation, civil contracting and industrial services, including demolition, dismantling services, decommissioning and hazardous materials removal, industrial cleaning, land remediation, site rehabilitation, site preparation and civil contracting and consulting services. As the UK HSEQ Manager, tasks include:

- Review and update Company policies and procedures to realign them with UK legislation/regulations.
- Review and approval of method statements, risk assessments, health and safety plans, health and safety files and safe working practices for various contracts
- Ensuring training of employees is relevant and up to date, including maintenance of the company's training matrix.
- To ensure the understanding and application of responsibilities regarding the company's health, safety, environmental and quality standards by all the Site Team.
- Working alongside the Site team to ensure projects are running safely and efficiently in accordance with all current legislation/industry best practice.
- Carry out regular site inspections to check policies and procedures are being properly implemented.
- Monitor the Site "Permit to Work" Systems to ensure compliance with company standards
- Manage, maintain and recommend improvements as necessary to all company management accreditations ISO 9001, 14001 and 45001.
- Lead any necessary in-house training, provide safety briefings, toolbox talks to site staff.
- Maintain and produce all necessary SHEQ management reports, bulletins, newsletters.
- Assist the Site team in ensuring all Waste stream management systems and environmental obligations on the contract are always adhered to.
- Provide support and expertise to Line Management in incident investigation and reporting, complaints and cases of ill health.
- Keep up to date with changes in current legislation, Industry best practice, all HSE legislation and

any developments affecting our industry.

### Projects included:

- **Nigg Oil Terminal**(03/2023 – 06/2025) - The Decontamination and Demolition Works at Nigg Oil Terminal comprises of a clean down / flush through of the main terminal tanks, pipework, and vessels to remove contamination prior to demolition. Remediation associated with the site includes the existing site earthworks, principally the bunds around the Tank Areas and the site lagoons which are to be levelled to leave a nominally flat site.
- **Northern Producer**(11/2023 – 10/2024)- Decommissioning, demolition (including explosive demolition) of former floating production facility with a dry dock followed by the recycling of all waste materials. Note Winner of “Explosive Demolition Project of the Year 2024” at the World Demolition Summit 2024.

### Health & Safety Consultant | Self-Employed | May 2023–Oct 2023

Following an extended sabbatical, established myself as a self-employed consultant offering Health, Safety and Environmental advice for a number of small local businesses.

### Group Safety, Health, Environment & Quality Manager | MGL | July 2009 – May 2023

The MGL Group is a multi-discipline organisation with projects ranging from multimillion pound Civil Engineering contracts to large scale Asbestos Removal and Demolition (explosive & piecemeal). Tasks included:

- Formulation of method statements, risk assessments, health and safety plans, health and safety files and safe working practices for various contracts.
- Responsible for the design and creation ArchiCAD 3D demolition simulations for tender stage presentations and graphical representations of projects.
- Ensuring training of employees is relevant and up to date.
- Auditing of safety and servicing certificates for plant and machinery.
- Regular site safety inspections, investigations and employee consultation.
- Preparation of documentation necessary to meet relevant safety, COSHH and emergency regulations.
- Preparation and presentation of toolbox talks regarding safety issues.
- Monitoring of environmental impacts.
- Completing health and safety pre - quality questionnaires.
- Regular health and safety meetings with contract managers, planning supervisors and clients.

### Notable Projects

- **Demolition Framework**(2021-2023)- Decontaminating and demolishing the former Redcar Coke Ovens By-Products (RCOBP) Plant. This complex and challenging demolition project supported the redevelopment of the former Redcar Steelworks site, Teesworks, the UK’s largest industrial zone.

**Note:** Shortlisted for “Industrial Demolition Project” at the World Demolition Summit 2024.

- **Pilgrim’s Quarter**(2021-2024)- The project involved the demolition and remediation of a 13,500m<sup>2</sup> site, alongside soft strip and asbestos removal works. Dex Car Park, Commercial Union House and

Bamburgh House were demolished as part of this project. Carlol House was partly demolished and its 3,150m<sup>2</sup> Grade II-listed façade was retained.

**Note:** Winner of “Best Project of the Year by a New Entrant” at the World Demolition Summit 2024.

- **Castlegate Centre(2022-2024)**- Demolition project transformed Stockton’s town centre by demolishing the Castlegate Shopping Centre, 10-storey Swallow Hotel, and the 5-storey car park, clearing the 32,400m<sup>2</sup> site for Stockton Waterfront.
- **Sunderland Civic Centre(2021-2023)** - Client Vistry Value £5m Description As part of this project, the 1970s Civic Centre, multi-storey car park, and adjoining footbridge were dismantled. Works included asbestos removal, soft strip, and floor-by-floor and remote demolition, including careful deconstruction of structure adjoining a live railway line.

#### **Health & Safety Consultant | Self Employed | 2011– 2017**

Provide health & safety advice and supervision during the set up/dismantling of temporary structures and race day public safety at high profile Sporting events.

#### **Health & Safety Consultant | DP Consultancy | Feb 2008– 2009**

Tasks included:

- Advising to Managers and Staff on all health and safety issues.
- Implementing action plans and introducing systems that provide a positive H&S Culture.
- Provide training to Management and Staff.
- Access accident investigation.
- Complete fire risk assessments.
- Create tailor made health & safety policies □ Weekly/monthly site-based inspections/auditing.

#### **Installation Technician / H&S Supervisor | Norking Aluminium | Nov 2006 – Jan 2008**

- Assisting H&S Manager with routine site inspections/audits/reports.
- Assisting Site Supervisors delivering and maintaining job spec.
- Participate in regular Safety Committee meetings.
- Installation of curtain walling & aluminium window systems.
- Operators licence for MEWPs.
- Supervising deliveries and stock control of materials.

#### **Property Development Supervisor | MH2 Maintenance Property Services Jan | 2000 – Oct 2006**

- Responsible for initial planning of work, pricing, health & safety and risk assessments etc.
- Designed and fitted loft conversions/ fitted kitchens.
- Contracted landscaping and outside maintenance for business including McDonalds restaurants Ltd.
- Carried out joinery work: windows, doors, sheds, garden storage, kennels etc.
- Designed and installed bespoke timber decking.
- Fitted and designed kitchens, loft conversions and extensions ensuring all plumbing and electrical are fitted to correct legislation.
- Fitted window frames/patio doors.

# VOCATIONAL TRAINING

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## Health & Safety & CDM

- NEBOSH General Certificate in Health & Safety
- NEBOSH Certificate in Construction Health & Safety
- NEBOSH Fire Safety and Risk Management
- IOSH Technician Member
- CIEH Train the Trainer Certificate
- Institute of Demolition Engineers (IDE) full member
- Mental Health First Aid
- First Aid at Work
- Fire Marshall
- CDM 2015
- Confined Space Awareness

## Asbestos & Hazardous Materials

- Asbestos Manager Training
- Asbestos Operative Training
- Environmental Awareness

## Technical & Compliance

- Temporary Works Coordinator
- Scaffold Inspection Training
- NVQ level 2 in PC repair
- ISO Lead Auditor
- ISO internal Auditor
- CSCS Card
- IPAF License